



#engageathome

daily family prayer & worship activities from



Paper Aeroplane Prayers

Gather some paper, pens and/or crayons. Read Isaiah 40:28-31 together. Imagine what it must be like to be God, never growing tired (v28). Think about what you feel tired or weary about today. Write or draw that on your piece of paper.

Talk about what it must be like to be a bird flying in the sky, soaring and floating in the air (perhaps go outside to see if you can spot any?). Isaiah writes that we can be like that if we put our hope in God. What would it look like if you put your hope in God, rather than other things?

On your piece of paper, write or draw something about hoping in God. Perhaps draw a flying bird. Next fold your paper into an aeroplane (see link below). As you throw your paper aeroplane into the air, pray that God might renew your strength, and make you soar in his power.

Web link

A great range of paper aeroplane instructions here:
<https://www.foldnfly.com/>



**"Those who hope in the Lord
will renew their strength.
They will soar on wings like eagles..."**
(Isaiah 40:31)

**TODAY: Pray for those in positions of power
making decisions about the lockdown that
affect all of us.**

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